



CDST Locker Rooms & Changing Areas Policy

Effective Date: Jan 30th, 2026

Applies To: All athletes, coaches, officials, staff, volunteers, parents, and authorized visitors

Scope: All club-sanctioned activities, including practices, meets, travel, camps, and events

1. Purpose & Authority

To protect the **privacy, dignity, and safety of minor athletes**, all locker rooms and changing areas are designated as **private spaces**

Locker Room Monitoring Policy

This policy establishes standards for locker room access, monitoring, conduct, and incident response in alignment with:

- SafeSport principles
- Minor Athlete Abuse Prevention Policies (MAAPP)
- Applicable state and federal mandatory-reporting laws

This policy supplements, and does not replace, governing-body or legal requirements.

2. Core Athlete-Safety Principles

The Club adopts the following binding principles:



- **No one-on-one interactions** between an adult and a minor athlete in locker rooms or changing areas, **except in emergencies**

Locker Room Monitoring Policy

- **Privacy-preserving supervision** at all times
- **Two-Deep Rule** whenever adult presence is required
- **Zero tolerance** for abuse, harassment, or boundary violations
- **Mandatory reporting** of suspected misconduct

3. Locker Room Access & Use

3.1 Authorized Access

Access to locker rooms and changing areas is limited to:

- Registered athletes
- Authorized coaches, staff, or volunteers **only when necessary**
- Facility personnel as required for operations

Access by **unrelated adults**, including parents, coaches, staff, or volunteers, is **strictly limited** and must always respect athlete privacy

Locker Room Monitoring Policy

3.2 Privacy Expectations

- Locker rooms and changing areas are **private spaces**
- Athletes must be able to change and shower **free from observation**
- Monitoring for safety **must never involve viewing nudity**

Locker Room Monitoring Policy

3.3 Time & Purpose Limitation

Locker rooms may be used only for:



- Changing
- Showering
- Restroom use

Athletes and adults must avoid:

- Loitering
- Horseplay
- Non-essential presence or lingering

Locker Room Monitoring Policy

4. Prohibited Conduct

The following behaviors are strictly prohibited in locker rooms and changing areas:

- One-on-one adult/minor interactions (non-emergency)
- Inappropriate touching, exposure, or sexualized behavior
- Harassment, bullying, hazing, or intimidation
- Horseplay or behavior that compromises safety or dignity
- **Use of cameras, phones, or any recording devices**

Locker Room Monitoring Policy

- Retaliation against individuals who report concerns

Intent is not a defense. Conduct is assessed based on impact and risk.

5. Supervision & Monitoring

5.1 Monitoring Standard

Locker rooms and changing areas will be **appropriately monitored for safety**, but monitoring must always be conducted in a manner that **preserves personal privacy**

Locker Room Monitoring Policy

5.2 Approved Monitoring Methods



Acceptable methods include:

- Designated adult stationed **outside** locker room entrances
- Knock-and-announce verbal checks
- Scheduled and staggered locker room usage times

5.3 Adult Entry

Coaches, staff, or volunteers may enter locker rooms **only**:

- In the event of an emergency, or
- When the **Two-Deep Rule** is satisfied

Under no circumstances may adults observe athletes while changing or showering.

6. Travel & Shared Facilities

When traveling or using shared or public facilities:

- The Club will implement **supervision, scheduling, and access controls**
- Separate and safe use of changing spaces will be ensured to the greatest extent possible

Locker Room Monitoring Policy

7. Reporting Obligations

7.1 Mandatory Reporting

All Covered Individuals must immediately report:

- Suspected abuse or sexual misconduct involving a minor
- Violations of this policy or SafeSport requirements

Reports must be made to:

- The appropriate safeguarding authority (e.g., SafeSport), and
- Local authorities when required by law

Failure to report is itself a policy violation.



7.2 Internal Reporting

Concerns may also be reported to:

- Club SafeSport / Athlete Protection Officer
- Head Coach
- Club Executive Director or Board President

8. Incident Response Protocol

When locker room misconduct is suspected or observed:

1. **Ensure immediate safety**
 - Separate involved individuals
 - Restrict access if necessary
2. **Do not investigate**
 - No questioning
 - No confrontation
 - No promises of confidentiality
3. **Document & escalate**
 - Written incident report within 24 hours
 - Preserve all relevant evidence
 - Notify appropriate authorities and governing bodies

9. Interim Protective Measures

Pending review or investigation, the Club may implement:

- Temporary access restrictions
- Modified locker room schedules
- Increased monitoring

These measures are **protective, not disciplinary**.

10. Disciplinary Consequences

Violations may result in:



- Education or retraining
- Probation or supervision requirements
- Suspension or termination of membership
- Permanent ineligibility

Disciplinary action may occur **independent of criminal proceedings**.

11. Education, Acknowledgment & Review

- Annual SafeSport education is required
- Written acknowledgment of this policy is mandatory
- Policy reviewed annually or after any significant incident

Acknowledgment of Understanding

I acknowledge that I have read, understand, and agree to comply with the Locker Room Safety & Athlete Protection Policy.

Name: _____

Signature: _____

Date: _____