



CDST Locker Rooms & Changing Areas Policy

Effective Date: Jan 30th, 2026

Applies To: All athletes, coaches, officials, staff, volunteers, parents, and authorized visitors

Scope: All club-sanctioned activities, including practices, meets, travel, camps, and events

1. Purpose & Authority

To protect the **privacy, dignity, and safety of minor athletes**, all locker rooms and changing areas are designated as **private spaces**

Locker Room Monitoring Policy

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This policy establishes standards for locker room access, monitoring, conduct, and incident response in alignment with:

- SafeSport principles
- Minor Athlete Abuse Prevention Policies (MAAPP)
- Applicable state and federal mandatory-reporting laws

This policy supplements, and does not replace, governing-body or legal requirements.

2. Core Athlete-Safety Principles

The Club adopts the following binding principles:



- **No one-on-one interactions** between an adult and a minor athlete in locker rooms or changing areas, **except in emergencies**

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- **Privacy-preserving supervision** at all times
- **Two-Deep Rule** whenever adult presence is required
- **Zero tolerance** for abuse, harassment, or boundary violations
- **Mandatory reporting** of suspected misconduct

3. Locker Room Access & Use

3.1 Authorized Access

Access to locker rooms and changing areas is limited to:

- Registered athletes
- Authorized coaches, staff, or volunteers **only when necessary**
- Facility personnel as required for operations

Access by **unrelated adults**, including parents, coaches, staff, or volunteers, is **strictly limited** and must always respect athlete privacy

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3.2 Privacy Expectations

- Locker rooms and changing areas are **private spaces**
- Athletes must be able to change and shower **free from observation**
- Monitoring for safety **must never involve viewing nudity**

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3.3 Time & Purpose Limitation

Locker rooms may be used only for:



- Changing
- Showering
- Restroom use

Athletes and adults must avoid:

- Loitering
- Horseplay
- Non-essential presence or lingering

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4. Prohibited Conduct

The following behaviors are strictly prohibited in locker rooms and changing areas:

- One-on-one adult/minor interactions (non-emergency)
- Inappropriate touching, exposure, or sexualized behavior
- Harassment, bullying, hazing, or intimidation
- Horseplay or behavior that compromises safety or dignity
- **Use of cameras, phones, or any recording devices**

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- Retaliation against individuals who report concerns

Intent is not a defense. Conduct is assessed based on impact and risk.

5. Supervision & Monitoring

5.1 Monitoring Standard

Locker rooms and changing areas will be **appropriately monitored for safety**, but monitoring must always be conducted in a manner that **preserves personal privacy**

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5.2 Approved Monitoring Methods



Acceptable methods include:

- Designated adult stationed **outside** locker room entrances
 - Knock-and-announce verbal checks
 - Scheduled and staggered locker room usage times
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5.3 Adult Entry

Coaches, staff, or volunteers may enter locker rooms **only**:

- In the event of an emergency, or
- When the **Two-Deep Rule** is satisfied

Under no circumstances may adults observe athletes while changing or showering.

6. Travel & Shared Facilities

When traveling or using shared or public facilities:

- The Club will implement **supervision, scheduling, and access controls**
- Separate and safe use of changing spaces will be ensured to the greatest extent possible

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7. Reporting Obligations

7.1 Mandatory Reporting

All Covered Individuals must immediately report:

- Suspected abuse or sexual misconduct involving a minor
- Violations of this policy or SafeSport requirements

Reports must be made to:

- The appropriate safeguarding authority (e.g., SafeSport), and
- Local authorities when required by law

Failure to report is itself a policy violation.



7.2 Internal Reporting

Concerns may also be reported to:

- Club SafeSport / Athlete Protection Officer
- Head Coach
- Club Executive Director or Board President

8. Incident Response Protocol

When locker room misconduct is suspected or observed:

1. **Ensure immediate safety**
 - Separate involved individuals
 - Restrict access if necessary
2. **Do not investigate**
 - No questioning
 - No confrontation
 - No promises of confidentiality
3. **Document & escalate**
 - Written incident report within 24 hours
 - Preserve all relevant evidence
 - Notify appropriate authorities and governing bodies

9. Interim Protective Measures

Pending review or investigation, the Club may implement:

- Temporary access restrictions
- Modified locker room schedules
- Increased monitoring

These measures are **protective, not disciplinary**.

10. Disciplinary Consequences

Violations may result in:



- Education or retraining
- Probation or supervision requirements
- Suspension or termination of membership
- Permanent ineligibility

Disciplinary action may occur **independent of criminal proceedings**.

11. Education, Acknowledgment & Review

- Annual SafeSport education is required
 - Written acknowledgment of this policy is mandatory
 - Policy reviewed annually or after any significant incident
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Acknowledgment of Understanding

I acknowledge that I have read, understand, and agree to comply with the Locker Room Safety & Athlete Protection Policy.

Name: _____

Signature: _____

Date: _____